



CREATING BETTER FUTURES

Harambee Volunteer Project Kenya 2016



Work in a rural area with local people on community development projects



Dates

- July team
16/07/2016 to 06/08/2016
- November team
29/10/2016 to 19/11/2016

Further information & applications forms available from—
Friends of Londiani, 4 The Crescent, Mill road, Midleton, Co. Cork
phone 021 4621748—email harambee@friendsoflondiani.com

www.friendsoflondiani.com

BE PART OF HARAMBEE & COME VOLUNTEER WITH US!

Harambee is a Swahili word which means 'working together' and this is what Friends of Londiani's volunteering projects are all about.

WHAT WILL YOU BE DOING IN KENYA?

Throughout the year, staff & volunteers from the local community work on development programmes which tackle issues related to health, education, water & economic empowerment.

As an overseas volunteer you will be part of a team who work in the community with hands on, meaningful participation in a spirit of partnership. You will share your skills and your knowledge and gain a unique insight into the challenges of life in rural Kenya.

- Volunteers help with facilitating community based courses for example - Wilderness First Aid; Business trainings; Lifeskills Peer Education and Maternal Health Courses.
- They work in schools on the Healthy Schools Programme with students and teachers who are making school a healthier place to be by educating on health issues and building washrooms and latrines.
- They work with the Public Health office on Outreach clinics which provide vaccination and health checks for people living far from health clinics and hospitals.
- They work with local community health workers to make homes a healthier place to be by making improvements like installing smokeless stoves.

WHAT ARE THE DATES FOR 2016?

JULY 2016 3 week option - Saturday 16/07/2016 to Saturday 06/08/2016
2 week option—Saturday 16/07/2016 to Saturday 30/07/2016

Closing date for applications 31/01/2016

NOVEMBER 2016 3 week option - Saturday 29/10/2016 to Saturday 19/11/2016
2 week option—Saturday 29/10/2016 to Saturday 12/11/2016

Closing date for applications 30/04/2016

HOW MUCH DOES IT COST?

Personal cost - €1,990 (3 week project) or €1,880 (2 week project) – this amount includes training expenses, flights, food, accomodation & transport in Kenya.

Fundraising cost - a minimum of €1,000 - this is a target each volunteer commits to raising before the project and it goes to the community development pporogrammes in Kenya.

WHAT ELSE SHOULD I BE AWARE OF?

- Friends of Londiani has a comprehensive training programme to support and prepare volunteers for their project in Kenya.
- FOL are signatories to the Comhlamh Code of Good Practice and have achieved the Core Indicators Award in 2015.
- FOL operates best practice in all finance and fundraising following ICTR guiding principles; publishing accounts annually on website; being a registered charity CHY16505; compliant with the Governance code which is a Code of Practice for Good Governance of Community, Voluntary and Charitable organisations in Ireland.
- FOL has implemented the Dochas Code on NGO Corporate Governance and are signatories to the Dochas Code of Images and Message.