

MOUNTAIN CHALLENGE

Climb for Kenya on Saturday August 20th 2016

Join us in a challenge to climb one of the highest mountains in the four provinces of Ireland – choose from Carrauntoohill, Croagh Patrick, Slieve Donard or Lugnaquilla

One team in each province Climbing for Kenya to support families and communities in Londiani

Sign up fee €50 per person

Raise vital funds to help people in a rural area of Kenya through programmes with schools, health facilities and community groups.



Further information from mountainchallenge@friendsoflondiani.com 021 4621748 4 The Crescent, Mill road, Midleton, Co. Cork CHY 16505 CRA20059583 www.friendsoflondiani.com

Main photo is Londiani, Kenya on a Trekking route being developed by local community members as an income generating sustainable tourism project – insets 2015 summits!