

Friends of Londiani

Volume 1, Issue 5

May, 2005

WELCOME!!!

Welcome to the FOL Newsletter. This contains our latest updates from Kenya, and details of our latest fundraising events.

Our website is www.friendsoflondiani.com and we will continue to update it with the latest photos, news etc.

Please feel free to copy and pass this newsletter onto anyone you know.

FRIENDS OF LONDIANI CONTACTS:

ADDRESS:

9 Cois Cuain, Mosestown, Whitegate, Co. Cork

EMAIL:

friendsoflondiani@eircom.net

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CHARITY STATUS

CHY 16505

Friends of Londiani, Ireland is now a registered charity. This is great news for us! We now get the tax benefit of donations which are greater than €250. This means the value of your donation will be increased, for example if you donate at least **€250** in the tax year and paid tax at a rate of **42%**, Friends of Londiani is entitled to a repayment of €181 (250/58 * 42) making your total donation **€431**. Similarly the total value of a donation if you paid tax at a rate of **20%** is **€312.50**.

KENYA 2005 BALL

The Kenya 2005 Ball was held in the Rochestown Park on Saturday, April 2nd 2005. The Deputy Lord Mayor, Mrs Mary Shields and her husband Michael were the guests of honour. Music was by the Groove Orchestra. A fantastic night was had by all. The total amount raised for our projects in Kenya was €7500. Thank you to all who attended the ball. Thank you to Rose O Driscoll who organised the evening. Looking forward to next year already!



The Deputy Lord Mayor, Mrs Mary Shields and her husband Michael together with Martin Ballantyne, Maria Kidney and Hazel Murphy, Directors of FOL Ireland.

HARAMBEE 2005

Preparations for our Harambee 2005 project are well underway. Our team has attended four training events to date, and our last training weekend is on May 21st. We have covered such topics as culture, health, language, building, summer camps, peer education, mini clinics, team building, manual handling and much more. The excitement is building now, and we will spend our next training day in May packing our equipment bags for the trip.



Learning how to build for our projects in Kenya



Manual Handling training



Practising our songs for Kenya!



Organising equipment

We have a fantastic group of people on our team, and are looking forward to a great summer!

The Kenyans are preparing for our visit as well. The dam in the forest is in the process of been built so the water project will be ready to start in Ndubusat. We have made contact with a company in Nairobi to supply our water tanks and guttering for the water project in Lelsothet, so this process is underway. The Bethel Medical Centre is awaiting final approval from the Ministry of Health in Kenya. This will be granted once the essential equipment is purchased. We hope to do that in the coming weeks. Once approval is granted, our immunisation programme will commence. We are currently working on purchasing and transporting all materials needed for the building projects. This is our biggest challenge to date! The rains have come in Kenya and so it is difficult for trucks to move in the mud. We hope to have the materials on site during the month of May.

The books and computers that we were donated are in the process of been shipped to Kenya to arrive before our first project team arrives. This is a long process, but we have learned a lot for future shipments.

Our project fundraising is going well – thank you to everyone who has supported this project. Without you we could not go ahead with our plans!

The first members of FOL will leave Ireland on the 18th June, followed closely by the first project team on the 25th June. We will be working in Kenya until the 5th of September.

We will update our website (www.friendsoflondiani.com) on a regular basis with project progress, and in October we will publish a newsletter with the project details. Thank you all for your ongoing support of our projects in Kenya

Four Peaks Challenge - Footprints to Kenya

4th-5th JUNE '05

4

Peaks

4

Provinces

4

Kenya

So far we have 30 volunteers to participate in the four peaks challenge. We will begin in Wicklow climbing Lugnaquilla, and then travel to the North to climb Slieve Donard in the Mourne. Afterwards we will travel to the West and climb Mweelrea, and finally climb Carrauntohill in Kerry.

If you wish to support this challenge please send your donation to Friends of Londiani, 9 Cois Cuain, Mosestown, Whitegate, Co. Cork or email on friendsoflondiani@eircom.net

THANK YOU

Thank you to everyone who contributed to our calendars last year. The total profit amounted to €4752. This money will go towards the water, hospital and education Harabee 2005 projects.

Thank you for your generosity.

IN SYMPATHY

We would like to express our deepest sympathy to the family of Mrs Ann Finnegan. Ann was a member of Friends of Londiani, and a keen supporter of our projects in Kenya.

May she rest in peace.

EVENING ECHO CORK LADIES MINI MARATHON SUNDAY, SEPTEMBER 18th 2005

We are looking for people to run, walk or crawl the mini marathon for us in September to raise funds for the Friends of Londiani. T-shirts and sponsor cards available from Hazel Murphy, 14 Eastville, Albert Road, Cork. Tel:087/2358578 or contact friendsoflondiani@eircom.net

Your support is very much appreciated.



Kenya 2005 Ball

Friends of Londiani Standing Order Appeal

By contributing to our standing order appeal you are helping us to achieve our goals in Kenya, and to continue working with communities in Kenya. Please fill in the form below and send to Friends of Londiani, 9 Cois Cuain, Moskestown, Whitegate, Co. Cork. Please feel free to give copies of this form to all those interested in the Friends of Londiani charity.

Instruction to your Bank to pay a Standing Order

I wish to pay *each month* the sum of:

€15 €25 €35 €50

Or my own amount of €

To Debit my current account number:

Bank Sort Code:

TO THE MANAGER (Name of your Bank/Building Society):

Address of your branch:

Your account name:

To credit the following Friends of Londiani Ireland Account:

Bank Sort Code: 990701

Account Number: 84666541

Bank: Permanent TSB, Lapps Quay, Cork

I instruct you to pay a standing order from my account to the Friends of Londiani, Ireland account.

Signature: _____ Date: _____

Signature: _____ Date: _____
(for joint accounts)

Your mail address:

Your email address: